1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

The villager's diet is greatly affected by factors other than his financial condition or even his own personal likes and dislikes in food. Social pressure is a determining force.

Although the financial condition of the family does play a part in determining the differences in exact details of meals, most villagers' meals are very much alike. Rice is always preferred as the center or focus of each meal. Various items such as dried fish and some steamed, dried, or fresh vegetables may be added to the rice. Pickled items may also be included for variety and flavor.

Many village families, however, because of poverty or, sometimes, for reasons of thrift, substitute sweet potatoes for rice. If fresh, the sweet potatoes are steamed; otherwise, shredded dry sweet potatoes will usually be steamed together with the rice with which they are mixed. Sweet potatoes are much less expensive than rice, since they are grown on the less desirable nonirrigated dry land. Generally speaking, the villagers do not like sweet potatoes, and the adults complain that when children eat sweet potatoes they soon become hungry again and that they have stomach pains. On the other hand, rice is universally enjoyed and is held to be satisfactorily filling.

FOOD AND RITUAL ENTERTAINMENT

The villagers' best opportunities for good eating as well as entertainment come mainly on religious, magical, and other occasions which are usually marked by festivity. These festive occasions are fairly frequent and have widely diverse origins; the religion of the villagers is Taoist, with an admixture of Buddhist and animistic beliefs and, of course, ancestor worship. In addition, the people frequently take part in magical rituals requiring the offices of shamans and various forms of divination in the case of illness, when demons are thought to be involved. Ample food of relatively high quality is served at almost all of these frequently performed religious and magical rituals, especially when outside guests are present. The amounts and kinds of food vary with the occasion. At one of the ordinary *pai-pai* (any ritual in which food or other items are sacrificed to gods or ancestors), which in the Hsin Hsing village area occur at least four times a month and at which there are usually no guests, the additional food may be some cooked pork or fresh fish and soup. This food is used for the ceremonial sacrifices and eaten later. There are elaborate food preparations for larger *pai-pai* dinners such as those for the village god, or at marriage festivals to which outside guests are always invited, or to a lesser degree at dinners for laborers at harvesttime. Sometimes at weddings, funerals, or other such occasions there are as many as eighteen

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

t'ing with steamed round dough cakes and other simple sacrifices. Some families also worship at the village Earth God temple, and others go to the Matsu temple in Lukang.

The sixteenth day of the twelfth month is called Wei Ya and is the last day of the year on which the Good Brothers are worshipped by each family. On this day the villagers also go to the Earth God temple to ask T'u Ti Kung to protect their livestock. The average family does not have guests to dinner, but landlords are supposed to invite their hired men to eat on this occasion. Traditionally, this day has been the one on which it is decided whether or not the worker is to continue in the employ of the landlord for the coming year.

By the twenty-fourth day of the twelfth month, as already indicated, the villagers begin to prepare for the New Year's celebration by sending the gods off to heaven.

Noncyclic Rites

Most clearly classifiable as noncyclic rites of passage (crisis rites) are those associated with life-cycle events (described in Chapter 7) such as the ceremonies held at a birth, on a boy's sixteenth birthday, upon marriage, and at death. Though they are rites of passage, they function also as rites of intensification, since they draw together family and *tsu* groups, including *ch'in ch'i* and friends from the surrounding area, and often large segments of the village.

Functioning similarly are the times when a villager is seriously ill or when young men are being sent off for military service. While both situations are of immediate concern only to a particular family, the entire village may be requested to participate in a *pai-pai* and offer its prayers and sacrifices for the well-being of each person thus endangered. In case of a serious illness, the patient's family requests the villagers' participation by sounding a gong at dawn of the day on which the *pai-pai* is to be held. It would be rare for any village family (no matter what its relationship with the sponsoring family) to be unwilling to participate.

Still another noncyclic *pai-pai* which clearly functions as a rite of intensification rather than a rite of passage occurs when a god from some distant place comes to the village for an unscheduled visit. The villagers may be notified of the impending visit by a local god speaking through a shaman (*t'iao t'ung*) while he is in a trance. On the day of the announced visit, the entire village holds a joint *pai-pai* to welcome and worship the god. The occasion may become a regular *pai-pai* event as a result of the shaman's earlier announcement and may eventually become a part of the village's regular cyclic calendar of rituals.

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

MAGICAL RITUALISM

As indicated earlier in this chapter, magic requires a distinctive type of ritual in Hsin Hsing village supernaturalism. Perhaps the most important single use for magical ritual in the Hsin Hsing area is the curing of illness. As we noted above, the increased availability of Western medicine, especially since the early 1950's, the accessibility of practitioners trained in these ways, and the evidences of their success have turned the villagers more and more away from traditional practices, at least as the major and usually the initial source of help. Thus, the villager now tends to turn to the magical ritual only when he feels that modern science has failed him. However, it remains true that the traditional ritualistic patterns fulfill social, psychological, and even therapeutic functions beyond what is possible for the scientific.

The Diagnosis of Illness

Nowadays, when illness strikes, the villagers observe its symptoms and try to determine its nature. From experience with certain basic sets of symptoms, illnesses are distinguished as being either in the realm of the physiological or supernatural, and therefore requiring a cure within that particular realm. Thanks to the villagers' new awareness of the germ theory of disease, most illnesses are immediately classified as physiological and, therefore, within the domain of science and medicine—primarily modern, Western-style medicine rather than Chinese herbal medicine. Such illnesses as measles, rashes and skin diseases, trachoma, colds, stomach disorders supposedly resulting from bad food or water, and the like, all fall clearly into this category. To treat these illnesses, it is now customary for the villagers either to call in a Western-style practitioner or to choose their own drugs or patent medicines.

There are still a few illnesses or symptoms, however, which are likely to be considered of supernatural origin—caused by a demon or one of the many spirits which are believed to inhabit numerous natural places and objects. These supernaturally caused ailments are best treated by supernatural means. Some forms of insanity, and the frequently unexplained crankiness in children—especially in cases where the child's spirit is believed to have been affected by a "frightening" incident—fall within this area.

It is a commonplace among villagers that "No medicine can help if a person runs into something evil," for example, one of the demons known as *kuei* or *mo shen*. Consequently, when the practitioner of Western medicine is unsuccessful in curing an ailment, the illness is

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

753 clearly of supernatural origin and must be attacked by someone versed
755 in supernatural methods—the shaman.

There is no particular problem with illnesses which can be clearly
755 diagnosed as natural or supernatural. But there are many cases in
757 which the diagnosis is not so easy or clear-cut. Mainly, the villagers
177 rely on past experience to tell them which set of symptoms indicates
178 which category of illness, and thus which kind of practitioner to call in. Naturally, there are considerable variations among the villagers themselves which may predispose a decision in one direction or the other—level of education, amount of experience, financial ability, and even types of social pressure. As one would expect, the actual availability of drugs and doctors affects choice. In recent years the dependence upon Western medicines and Western-oriented doctors has increased as a result of the increased supply of both at relatively low cost. The ease of access to antibiotics and patent medicines, their effectiveness, and the doctors' record of successes have given confidence in Western science, with the result that it is common today for the villagers to turn to Western methods first for most illnesses.

Many villagers now also feel that it is simpler to call in a Western-style doctor. A shaman often requires the assistance of two or three other people who must be asked in to help in the ritual, at their convenience. Further, when the Western doctor is called in, he charges a fee, and with its payment the transaction is completed. There is no residual feeling of obligation which must be discharged. The shaman, if he is a local one, usually charges nothing at all for his services, and often it is more comfortable not to incur such a feeling of obligation. Then, there are a number of incidental expenses connected with his visit—the cost of sacrifices and the food for all the participants and observers at the ritual.

Having two types of medical practice at one's disposal is not always an unmixed blessing, however, since the decision that an illness is natural or supernatural may be, or may be held to be, influenced by external circumstances. A case in point is the following which happened to a very poor family in Hsin Hsing. The parents were no longer young and already had three daughters and a small son when
[553 another daughter was born. Before the infant was named (naming
852] takes place on the ninth day and is, in effect, when an infant becomes human) she became quite ill. Instead of calling in a practitioner of Western medicine, which many villagers insisted they would have done first, the family chose to consider the illness supernatural because the baby was not yet nine-days-old. They called in one shaman, and
[961 then another. Despite their efforts, the infant died. Under the traditional ideas the death was attributable to the will of the gods, and the family had done all it could do. The villagers gossiped busily about

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

the event, however, noting that the family was poor and had too many girls already; implicit in their gossip was a recognition that the family may have preferred to have the female infant die.

The attitude of the villagers toward the old and new medicine is a useful example of the way in which practical, external factors can affect "folk" beliefs and values. Here availability, finances, and family circumstances have combined to promote the acceptance of a new body of knowledge. The rural community of the Hsin Hsing area has accepted Western medicine without damage to its value structure or to its beliefs, incorporating the new quite comfortably into the old framework. Thus, when the villager calls upon a Western-style medical practitioner first of all, and the illness is not cured, he can still reinterpret the symptoms and assume that the cause was supernatural after all—perhaps possession by a demon. Then, to cope with the supernatural, he calls in a shaman.

Shamanistic Curing

Probably the most common form of illness treated in this manner is that which the villagers call a "fright" (*ching*). In this "illness" a child or infant does not eat or sleep properly and cries a great deal. The mother may decide that the child "has hit into a bad thing" (*ch'ung*) and that some kind of malevolent demon is causing the trouble. Although she may call in a Western-style doctor, most villagers assume that such symptoms result from supernatural causes and therefore require supernatural treatment.

The many different kinds of charms and instruments at the disposal of the *fa shih* are designed to enable him to bring about the release of the child's soul or spirit. If the patient does not respond at once to treatment, it may be repeated in a day or two or a more powerful *fa shih* may be called in. For the most part, whatever was causing the symptoms, they usually disappear after a few days, and the villagers consider that the *fa shih's* powers have cured the child.

Sometimes in the case of a fright a parent will attempt to effect a cure without the aid of a formally recognized shaman, especially when it appears that the child has been frightened by a definite agent which has caused his spirit to leave his body. If, for example, a dog is believed responsible, the parent will secure some of the dog's hair, wave it over the child's chest, and repeat over and over, "child's spirit return to the child." Or, the parent may feel that the child was frightened by some person. This was the case when a bearded American friend of ours visited the village and frightened a child. The American was then asked to spit into a cup brought by the child's mother. The saliva was brewed with some soup, fed to the child, and incantations were repeated to help the child's spirit return.

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

75 Often the cause of the illness is not so easily discernible nor is its cure effected so simply. Even when a Western-style doctor is summoned, the anxiety of the patient's family may be so great that while the doctor is attempting to cure the illness, they may resort to supernatural techniques to discover its exact cause and necessary treatment. On occasion, a village family may either go to a fortune-teller in Lukang or consult one who happens to pass through at the time to learn the cause of the trouble. More frequently, however, they call in a *t'iao t'ung* to communicate directly with a god to learn what kind of supernatural being is involved and exactly how it may be successfully appeased or exorcised.

755 The *t'iao t'ung* goes to the family's ancestral-worship room and
756 there sits among the people who, out of interest in the session or concern for the sick person, have gathered to observe the ritual. As those around him sit and talk, the *t'iao t'ung* stares into space; gradually, his hands, feet, and body start to shake. Usually, in fifteen minutes he is in a trance and possessed by the god. At this point he becomes extremely agitated and starts to scream and chant. He springs high into the air and blindly staggers around the room. One or two men hold a special cloth apron he wears in order to prevent him from injuring himself or those around him while he is convulsed. Within minutes his paroxysm subsides, and he is brought to the altar where he begins to chant in the language of the gods. An assistant (a *fa shih*), sits at a table in front of the altar and asks the pertinent questions in the special language. Through the medium of the *t'iao t'ung*, the god gives his answers. These are recorded by the assistant, who in some cases is known to be illiterate. The assistant writes certain characters with a brush and ink on a special paper. Once the god's words have been recorded he is presumed to depart, and the *t'iao t'ung* comes out of his trance. He usually is wet with perspiration and sometimes bears injuries incurred while he was convulsed.

In some cases of illness, the instructions the god gives to effect a cure can be carried out immmediately by the family itself. The god tells the cause of the ailment and gives directions for the appeasement of the spirits, e.g., the family must burn a specific amount of paper money as an offering for them. In addition, the family may be directed to feed the patient some herbal medicine prescribed by the god to eliminate the fever caused by the presence of the demon.

[789] In some cases of illness, however, the god will inform the people that a cure can be effected only if the demon is not only appeased but also exorcised. In such an instance, it is necessary to call in a *fa shih* who has powerful means at his disposal to accomplish this feat, such as charms, a sword, and a whip with a handle shaped like a snake (symbolizing a mythical white snake which helps the gods fight the demons). In addition, the *fa shih* may make an agreement with the

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

demon, who can be bought off with bribes of food and money, to make him release the victim's spirit and then leave.

If neither the supernatural efforts of the *t'iao t'ung* and the *fa shih* nor the medical efforts of a doctor produce a cure, the family may conclude that the supernatural causes of the illness require more than medical or magical means. Recognizing the inadequacy of man and shaman in the situation, they are forced to decide that it is necessary to appeal to the gods for help. The family then asks the entire village to sacrifice to the gods in the hope that they may intervene in behalf of the sick person. If even this effort fails and the patient dies, the villagers then conclude that the person was "fated to die at this time." While one informant noted that "Fate is a person's explanation of what has already happened," most villagers feel that "a person is fated to die at a certain time and the gods can do little to control or change that fate. If the person becomes ill when he is due to die, it is no use to call a *t'iao t'ung*. That person's life is already full and so there is nothing that can be done to make his life longer. If the gods could save those who are fated to die, then later there would be so many people that people would eat people."

A Case in Point

During my stay in Hsin Hsing village, I witnessed a case in which a family used Western- and Chinese-style doctors, several *t'iao t'ung* and *fa shih*, and eventually a joint village *pai-pai* to the gods in order to cure a sick member of the family. The family's twenty-year-old daughter had displayed signs of insanity over a period of several years. When she was disturbed she was subject to attacks of extreme depression accompanied by brief, but sudden, outbursts of intense crying, screaming, and cursing. When anyone, including her parents, attempted to quiet her, she would strike out at them wildly. For weeks at a time, the girl could scarcely perform her ordinary duties. Then her aberration would pass and for several months or nearly a year the girl would behave normally until she was taken with another attack.

The first of these attacks took place while the girl was living in Taipei, where she kept house for her father who worked there. The girl's mother and other siblings were living in the village, working the family's small piece of land. When the girl first became disturbed, a Western-style and then a Chinese-style doctor were called in to treat her.[3] When they were unable to help, a master *fa shih* was called in and, according to the villagers, cured the girl completely. However, the *fa shih* became angry when he was not given enough money as a reward for his aid. The family and villagers feel that as a result he put a curse on the girl and that since that time she has suffered these intermittent attacks.[4]

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

158 159 755 [756] [782] The girl was eventually brought back to the village to live, and it was during the period of one attack that I was able to observe the techniques used to deal with the disturbance. Over a period of weeks a series of *t'iao t'ung* were called in an attempt to determine the cause of the problem. After each visit by a *t'iao t'ung*, a *fa shih* was employed and every time some more powerful master *fa shih* was called upon. Finally, the family of the girl asked the entire village to take part in a *pai-pai* in order to ask the gods to help. Four or five weeks after the onset of the attack the girl's symptoms seemed to disappear, and she resumed her normal village life. The only explanation the villagers could offer for the recovery was that perhaps the powers of the shaman, combined with the help elicited from the gods, rid the girl of the demons which possessed her.

Other Forms of Magical Activities

731 621 787 789 756 In addition to the healing rituals, there are other magical activities frequently carried on in the Hsin Hsing village area. When a village house catches fire, prodigious energy is expended on rituals to rid the village of the menacing "fire spirit" or "demon" usually believed to have caused the conflagration. On one such occasion, a *t'iao t'ung* was called in to help the villagers find out how to safeguard the rest of the village from fire, and a *fa shih* was called upon to exorcise the malevolent demon. The fire spirit ritual was held late at night, and practically the whole village turned out to watch the proceedings. The *t'iao t'ung*, assisted by about seven other men, held a large wooden chair which was normally used to seat the statues of the gods during processions, such as that held for Matsu. At the *t'iao t'ung's* initiative, the men began to shake the chair as an invitation for the god to come and sit in it. Gradually, the *t'iao t'ung* went into a trance, and while the god was trying to take his seat in the chair, the men shook it more and more violently, so that it appeared to take the strength of all of them to hold on to it. Once the god was seated in the chair the shaking diminished. At this point the *t'iao t'ung*, possessed by the god, began to chant. A *fa shih* was present to record the god's words, which told the people how they could get rid of the fire spirit and protect the other village houses. The god directed the people to appease the demon by burning paper money in different parts of the village and also advised them to place protective charms on each house. These charms were made by the *fa shih* who had been called upon to exorcise the demon.

By the light of several lanterns and torches, the villagers, the *t'iao t'ung*, and the *fa shih* began to proceed through the village as directed. At intervals during this march, a man carrying the chair suddenly would become possessed by the god. Eventually, all these men became

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

"curative and health-giving powers." Although the villagers of the Hsin Hsing area realize the importance of boiling drinking water, they will drink this holy water immediately after taking it out of the river and claim that they suffer no ill effects.

When the villagers have filled their receptacles, they depart for their own village. The *t'iao t'ung*, who is still in a trance, is carried on the top of a large sedan chair ordinarily used to transport the statues of gods. On his head is a large bandage. Although he has suffered only a superficial wound, the *t'iao t'ung's* actually cutting his head with a sword is impressive to the observers, since the blood flow increases when he dips his head into the water. All along the route homeward other villagers, already informed of the ceremonial, display sacrifices to the god who possesses the *t'iao t'ung* and bring out bottles and kettles in which to receive some of the holy water that is being transported in large barrels.

THE FUNCTIONS OF RITUAL IN HSIN HSING VILLAGE

Having examined the occasion and occurrence of many rites and rituals, we turn now to ways in which they function within the structure of village society and support it. Generally, their most obvious contribution is that participation in the ritual itself helps to relieve the anxiety of people who are desperately seeking to survive in a world of uncertainty or looking for solutions to otherwise insoluble problems. This is true whether the ritual is designed for protection or to moderate natural or supernatural disaster—illness, fire, or demonic possession—since at the very least the villager feels he is coming to grips with the problem. Other results of ritual are less obvious.

Curing rites, for example, resemble all medical practices in having useful side effects or fringe benefits beyond the actually therapeutic. Not only the patient but the whole family must be considered. The Chinese cultural focus on the family emphasizes the reciprocal responsibility of family and individual. Thus, a Taiwanese family must take advantage of every possible means to cure an ailing member or be looked down upon and criticized by the entire community for neglect, which increases the anxiety of the situation.

Therefore, when Western medicine does not work, the traditional-minded villagers turn at once to the shaman, feeling that the very failure proves that the illness is of supernatural origin. But even the skeptical families which have no firm belief in the potency of the magical rituals usually have them performed. This may be partly to avoid social censure, but, in fact, not even the most skeptical are entirely convinced that the rituals are ineffectual. Such villagers have been heard to say, "perhaps the ritual does help. And could one allow

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

a member of one's family to suffer and possibly even die without trying every available means to save him?"

As is true of the curing rituals, the ritual that usually follows a fire in the village also has the important function of alleviating anxiety over this constant threat about which the villagers can do little directly. And, similarly, for another ever-present concern, the taking water ritual serves as a form of health insurance. Thus, these rituals also do much to relieve the constant anxieties of the villagers.

The psychological value of the curing rituals to the patient is very obvious. In Western society, when doctors and medicines cannot cure an illness, there is usually little room for further hope except for the minority who believe in practitioners like Oral Roberts or some other faith healer or miracle worker. In rural Taiwan, however, no one need abandon hope at this point, nor feel totally helpless in the face of the unknown. It is always possible and culturally acceptable to attribute the trouble to some supernatural cause and call in a shaman.

There is a possiblity of real psychological benefit for the patient who can be made to believe that the supernatural is truly the cause of his illness and that it is being dealt with by time-tested, traditional means. If he is, in fact, suffering from some psychosomatic illness, the reassurance that everything possible is being done can have very definite value. The shamanistic curing ritual, of course, also focuses attention on the patient. Family, friends, and villagers join together in the hope that their participation will bring about a successful cure. The attention, and the knowledge that the family has willingly assumed a heavy financial burden to have these services performed, can well give the patient a real feeling of worth and contribute to his recovery.

This kind of reaction can be seen in the case of the village girl, discussed above, who "went mad" (*ja feng le*). From the villagers' point of view the powers of the shamans, combined with the help elicited from the gods, together rid the girl of the demons that possessed her. Yet, from the Western point of view, it seems reasonable to assume that the rituals may have brought about their purpose in quite a different way—by making her a center of the attention not only of her family but the entire village, they made her conscious that the entire community valued her and hoped for her recovery. Their solicitude could therefore have relieved some of her anxieties and given her the confidence she needed to get well.

Another contributing factor is related to the very nature of the ritual which is used to exorcise demons. The vehemence of the shaman as he attempts to exorcise a demon is impressive enough to hear, but to be the object of his vehemence must be traumatic indeed. The shaman performs alone in the dimly lit house with the patient, while the family and villagers listen nervously from outside, not daring to come near for fear they will be "hit head-on by the demon" as he flees the

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

755 154 shaman's magic. The awe and shock which he inspires in the patient could have actual therapeutic value, at least to the extent of bringing about temporary relief if not recovery, and may not be too dissimilar to the effect of electric shock. And fear of the "shock treatment," in either case, may provide as beneficial a result as actual recourse to the treatment.

796 755 789 182 [787] A social function of ritual, and especially of shamanistic types of ritual, might be briefly considered here. This is its "entertainment" value in rural areas. Frequently, large numbers of people turn out to witness curing or fire rituals, which may last long into the night. They almost always regard the shaman's performance as an exciting event. Many attempt to become participants, and some in their enthusiasm and excitement may even become possessed. Most participate by merely presenting sacrifices. Frequently, large crowds come from surrounding villages to watch the often "amazing feats" carried out in the course of some shamanistic rites. In this process of drawing together for an exciting ritual event, the people gain a strong—if temporary—feeling of social cohesion. Even later, the rituals give the villagers an interesting topic to discuss and gossip about for many days. Thus, although there is little formal entertainment in rural Taiwan, the ritual act often serves to fill its place.

[621] [52]

771 178 Even though these rituals are performed by so many villagers, it does not particularly indicate absolute faith in the supernatural. While a great number of old people still hold these beliefs without reservations, today most of the villagers express some degree of uncertainty. Generally, villagers say that "many *t'iao t'ung* are not as powerful as they used to be, and also there are some who are probably fakes, but who can really tell?" (This is a point frequently made in the past by the Japanese when they ruled Taiwan and again today by the present government through the school system.) In addition, the villagers ask, "Who can really know if the *t'iao t'ung* is possessed by a god and speaking the god's words?" But all the villagers "know from experience that life is hard," and they constantly seek ways to temper this harshness. Although their faith may not be absolute, they "would not dare merely to sit and do nothing" when a sick member of the family showed no improvement, or a child neither ate nor slept for days, or a fire destroyed someone's house. They are anxious, and their continued recourse to magical or religious rituals represents their attempt to do everything possible to allay their apprehension of the unknown.

755 177 178 622 Thus, even the most skeptical of the villagers will call on a shaman in an emergency. Though the importance of Western medicine has reduced the old primary reliance on ritual curing, social pressure as well as the desire to do everything possible if one method fails forces

1:Gallin E-4,5 (1957-1958) 1966
AD5 Taiwan Hokkien AD5

them to resort to ritual means. Neither their own nor their neighbor's consciences would allow them to let a member of the family die without the attempt to benefit from supernatural intervention.

It was probably these two factors, social pressure and fear of leaving any method untried, which opened the way for the very notable acceptance of Western medicine in Taiwan. While the skeptic is thus forced by them to call upon the shaman, the traditionalists are likewise forced to call upon Western medicine when traditional methods have failed. As we saw in the case of the baby girl who died, the village did not feel that calling even upon two shamans was a clear indication that the family wanted the child to live; it was strongly felt that a Western doctor should have been called in as well. The general disapproval is not simply an example of the increased faith in Western medicine, but a reflection of a total attitude toward the control of unknown and powerful forces. After all, the microbe theory of illness is often, even in the enlightened West, only another species of demonology.

Many of the functions of the magical rituals we have just discussed are also similar for the religious (*pai-pai*) rites. People look forward to the many *pai-pai* held in the village area. At the very least they offer a change in the daily routine of life. Many of them are occasions filled with thrills and excitement (*je nao*). This is particularly true of shamanistic rituals, and scores of villagers may flock to the scene of the performance. Young boys and men who have worked in Taipei and who, for various reasons, have been forced to return to the village almost always attend such events. These men seem to yearn for something to replace the excitement of the city.

Since community pressures for thrift also have tended to standardize the villagers' diet, even the most insignificant *pai-pai* represents an opportunity to eat better than ordinary food. A village family, unless wealthy, is criticized for eating any but the simplest food on ordinary days. People gossip behind their backs about their extravagance and general lack of thrift. Then, if the family should have to borrow money or need village aid at a future date, people may cite their extravagance and irresponsibility as a reason for refusing them. Thus, even the simplest *pai-pai*, like those held on the first, second, fifteenth, and sixteenth of each month, offer people a welcome justification for eating good food, and the bigger the *pai-pai*, the better the food.

The most obvious functions of the *pai-pai* are often recognized by the villagers themselves. There are several other important functions that the villagers may not talk about unless they are questioned about them.

Although in the process of organizing and administering *pai-pai*

declining years, and it is of the utmost importance for a person to see that he will have many sons and grandsons to take him to the mountain when he dies. If, then, the son's wife does not become pregnant within the first year or two of marriage, her husband's parents begin to fear that the girl is barren. Her failure to show signs of pregnancy at the earliest possible time is also inevitably noticed by the family's neighbors, and someone is certain to suggest that this is a punishment visited upon the family for some former misdeed. Such gossip naturally arouses the husband's parents, and further exacerbates their own worries about their daughter-in-law's fertility. The man's mother then begins to chide her daughter-in-law who is already anxious for her own reasons. The result is a state of tension which grows in intensity as the months pass. If it is true that anxiety about fertility serves to make conception less likely, as psychiatric studies have suggested, the chances of the daughter-in-law's bearing children decline as the tension and anxiety around her increase.

If after eighteen or twenty months the girl is still not showing the signs of pregnancy, the family will often consult a shaman or fortune teller. Human fertility is thought of in Hsiachichou in terms of an arboreal analogy. Every woman has a tree with a number of red and white blossoms, the white blossoms representing the number of female children she will bear, and the red the number of male children. Should a woman fail to conceive and bear children it is probably because the tree is dying, the buds withering before they can come to blossom. There can be various reasons for this. It may be that the tree is

842 unhealthy as a result of a lack of nourishment, or it may be that the
• 755 tree is being attacked by some kind of ghost. If these baneful in-
715 fluences can be counteracted, the tree will flourish and the woman will be fruitful. The remedy in the case of an unhealthy tree is usually to prescribe herbal medicines for the woman, while ghosts are more often dealt with by means of rituals intended to elicit the aid of a benevolent
842 supernatural. One thus finds that the young married woman spends a
755 great deal of time and money seeking the proper herb and the intervention of potent deities. In observing the activities of a local shaman over several months we noted that only physical illness outranked worries about fertility as a reason for a person's seeking his services.

*597 If a family tries these various herbal and ritual remedies and
755 their daughter-in-law still does not conceive, a shaman or fortune
842 teller may suggest that they adopt a daughter. As we have already mentioned, it is commonly believed that the adoption of a female child will stimulate a pregnancy. How the villagers rationalize this belief in terms of their own conceptions of physiology and fate we were never able to discover; they simply say that "the girl will lead a boy into the family." But whatever the rationalization, the belief is held with the greatest confidence. Even our more sophisticated informants agreed that the adoption of a female child will improve a woman's chances of bearing a male child. The reason for this confidence is not hard to see. Of a total of 27 village women who adopted their first child 19 (70 percent) did later bear children. One reason for these favorable

results may be that the adoption serves to alleviate the anxiety which is partially responsible for the woman's failure to conceive. At least this has been suggested by several studies of adoption and fertility in this country. What is more likely in the case of Hsiachichou, however, is that most of these adoptions occurred before the woman had really tested her ability to conceive. Most village wives are strong healthy young women, and given time they conceive and bear children. While most adoptions do therefore lead to the eventual birth of a child, it is not always for the reason suggested by the shaman. Shamans and psychiatrists share the good fortune of practicing an art in which it is often difficult to separate the results of their good works from the effects of time and patience.

It would thus seem reasonable to assume that many adoptions by childless families were motivated more by anxiety about barrenness than by the intent to arrange a matrilocal marriage. The importance of children in the society gives us reason to assume that any childless couple will be anxious about the fact, and this assumption is confirmed by the amount of money and time spent on ritual and medicinal cures for barrenness. Given then that one of the cures in which most villagers have the greatest confidence involves the adoption of a female child, it would seem reasonable to conclude that many adoptions by childless couples were undertaken in the hope of stimulating a pregnancy. Several village families told us that this was their primary reason for adopting a child, and the timing of the adoptions seems to indicate that similar motives were responsible in a number of other cases. While

000 midwives are invariably females.

757 In addition to the professionals, there are local village amateurs. I cut my bare foot on a piece of bamboo in a rice paddy and it became badly infected. Two old villagers, an unrelated male and female, collected certain grasses in the mountain, chewed them thoroughly to make a soft wet lump which they applied to the cut as a poultice. The wound healed very quickly. Old age seems to be a prime characteristic of local medical specialists (non-professional) who are consulted regularly as experts.

757 Certain diseases and injuries are considered best
759 treated by particular kinds of practitioners. There is considerable agreement on diagnosing and recommended treat-
[177] ment in the village. For example, a Chinese herb doctor is Hsin Tien is best for a broken bone and a Western doctor, for eye infections.

755 In addition to technical treatment, religious worship and sacrifices are regularly added. If one practitioner of a certain type is not immediately successful, transfer to a different type is quickly effected. On many occasions, people will go to two or three different types at once for it is felt best not to take chances.

757 Self diagnosis and treatment is common. Although several older people in Talei Li are considered to have special medical abilities, most adults are amateur health practitioners. Itinerant salesmen leave bags containing

756 (master of green grass) in Hsin Tien and a mi fang hsien
(master of secret remedies) in Taipei. Shamans usually
appear to be consulted with reference to illnesses which
are psychosomatic in nature or those which are relatively
hopeless, i.e., medical advice has not worked. This latter
may be merely because sufficient time for medical treat-
• 755 ment to take effect has not elapsed. If someone is sick,
many kinds of practitioners may be consulted quickly, both
medical and religious. Serious illness in children, male
and female alike, stimulates the call for a shaman quicker
761 than would identical symptoms in adults. Shamans are
755 rarely used for old people (beyond age 60) who have not
been vigorous recently because after 60, death is consid-
ered inevitable and any years granted beyond 60 were only
due to the favor of the gods. With a terminal illness,
the family patiently waits for death without treatment.

793 Some of the temples in Hsin Tien and Taipei have
[787] priests such as Tao jen (Men of the tao). Priests are con-
sulted with reference to the suitability of a pair for mar-
riage (kan ming hsien) and also for illness (hung t'ou
[765] Taoist). Curing involves a procedure much like that de-
scribed for the fortune sticks in the village temple except
the stick specifies a potion to be consumed instead of a
fortune. Priests themselves do not have the specific per-
sonal powers of shamans but do have the ability to perform
[764] proper rituals. Two part-time hei t'ou (Black-headed

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but a majority were critical although all reinforced cultural values and standards.

A sample of the god's statements is listed below followed by my personal comments or explanations. As previously stated, in a normal situation, few of these statements would be permitted for seldom is there a face to face confrontation between an accuser and accusee unless the situation is going to degenerate into a serious fight. (Names are all disguised for obvious reasons.)

1. "Liao A.B.! You are a sincere man. I have helped you to recover your health. I am happy that you always come to clean and take care of the temple." [785] (Subject had prostate trouble with considerable discharge. After various types of medical and shamanistic treatment failed to bring relief, he made a pledge at the temple that if the gods helped he would worship daily forever. The pain is almost gone and he seldom has any more discharge. Each morning, at daybreak, he opens the temple, pai pai's with incense, and puts flowers in the vases. Every villager is aware of his pledge and performance.)

2. "Liao C.D.! You are a bad-hearted[9] woman. You would not clean the dirty ditch in front of your house so the dirty water runs into the pond where other villagers wash clothes and vegetables." (Subject immediately ran off to clean her ditch. She frequently quarreled with her husband and his brother's wife.) [517] [364]

3. "Liao E.F.! Your second son has poor health. I will give him a charm. He should drink it in the early morning." (Subject is a community leader and head of an extended household. The charm is a package of herbs to be mixed with hot water. "To give" means that the speaking god will guide the proper stick out when the vase of medicine sticks is shaken.) [788]

4. "Huang G.H.! Your wife is sick because she dried women's underpants in the kung t'ing in front of the gods. I will give you a charm for her to drink." (Subject is a local official and well liked.) [784] [753] [755]